

From Pozzy to Cozy (Freeing our Planet from Patriarchy)

Presented by Graeme Bowman

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Discussion Starters

[Pozzy to Cozy](#) (YouTube clip)

[Patriarchy Poem](#) (audio clip)

[New Born's Genitalia](#) (audio clip)

Quotes

When men are oppressed, it's a tragedy. When women are oppressed, it's tradition.

Bernadette Mosala

It is easier to allow women to assimilate into patriarchal society than to question society itself.

Allan Johnson

Patriarchy is not men. Patriarchy is a system in which both women and men participate. It is subtle, insidious, and never more dangerous than when women passionately deny that they themselves are engaging in it.

Ashley Judd

Men think in terms of rules and justice, while women focus more on caring, compassion and relationships. This inevitably means that men and women approach ethical dilemmas differently.

Carol Gilligan

Patriarchy, like most forms of oppression, has a way of trying to convince us that things are the way they are because they have to be, that they have always been that way, that there are no alternatives and that they will never change.

Drew Serres

Male dominance does not mean that all men are powerful. Most men in patriarchies are not powerful individuals, and spend their days doing what other men tell them to do whether they want to or not.

Allan Johnson

The fastest way to bring about global sustainability is to crowdsource the feminine intelligence of the planet.

Jensine Larsen

Patriarchy is the single most life-threatening social disease assaulting the male body and spirit. Until we can collectively acknowledge the damage patriarchy causes and the suffering it creates, we cannot address male pain. We cannot demand for men the right to be whole, to be givers and sustainers of life. Obviously some patriarchal men are reliable and even benevolent caretakers and providers, but still they are imprisoned by a system that undermines their mental health. **Bell Hooks**

Because of the last 5,000 years of male dominance - the patriarchy - women's wisdom has not played its necessary role in the design and management of our societies. Women have been kept silent, subservient, abused, trapped at home and pregnant. They have not been allowed to exercise their human rights of speech, choice, career and leadership. This has resulted in overly masculinized societies that promote and celebrate violence, harmful competition, technology without heart and warfare. **Kosmos Journal**

The current model of success, in which we drive ourselves into the ground, and in which working to the point of exhaustion and burnout is a badge of honour, was created by men. It's a model of success that's not working for women, and it's not working for men, either. Our workplaces are fuelled by sleep deprivation. We need to change the world that men have designed. It's not sustainable. **Arianna Huffington**

The higher up the corporate ladder a man climbs, the more he is expected to conform to the patriarchal expectations within the good ole' boys' club: he must commit 100% of himself to the job, refrain from outward displays of emotion, and be completely reliable at all times. In other words, he sheds his humanity and becomes the company's robot. **Shannon Ridgway**

Earth's greatest source of renewable energy is the untapped potential of a billion daughters, sisters, mothers, and grandmothers. **Graeme Bowman**

Many inspirational and thought-provoking images, articles and videos can be accessed via these **Wise Women Will Save the World** links:

[Website](#)

[Pinterest](#)

[Facebook](#)

[Scoop.it](#)

Book

The Gender Knot. Unraveling our Patriarchal Legacy. (Allan Johnson)

Articles

Google the following to access links to pdf documents:

The Creation of Patriarchy (Summary of the book by Gerda Lerner)

Understanding Patriarchy (bell hooks)

Patriarchy, the System (Allan Johnson)